



# Loranger Memorial School

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February 3, 2023

Hi there LMS Families,

Happy February! The cold temps coming in are finally starting to give us the feel of winter. Just two more weeks before February Vacation, and hopefully this cold will bring us some snow for some outdoor fun during our break. Just a few notes for you this week.

## **LMS Podcast Memo**

[Here](#) is this week's episode of our LMS Podcast. Be sure to listen for the information regarding floor hockey for grades 6-8!

## **Indoor Track**

Attention all 6-8th grade students at Loranger Middle School. Open sign ups for Indoor Track have begun with our first Practice to be held on February 14th. Practices to be held Tues-Thurs from 2:45-4:00p.m. Sprints- Relays-Dashes-Hurdles-1 Mile Run -Shot Put and High Jump are events to be held at the Portland Expo.

**WHO:** We compete against Cape Elizabeth, Greely, Freeport/Durham, Saco, Scarborough, TA, Yarmouth, Noble, Biddeford, Falmouth, Poland, and Southern Maine Catholic schools

**WHY:** Beginner to Intermediate workouts for Spring- Baseball/ Softball/ Track student athletes. Get a jump start during the long winter months with your friends after school competing and training to be in your very best shape. Come with an open mind and a drive to excel at Track or for your Spring athletics. We are flexible to kids in floor hockey, Drama, and clubs with prior communication.

**WHEN:** Week 1: Friday, March 3, 2023 at Portland Expo

Week 2: Saturday March 11, 6p.m. at Portland Expo

Week 3: Monday, March 20, 2023 5 p.m. at Portland Expo

Week 4: Monday, March 27, 2023 5p.m. at Portland Expo

Week 5: Girls Individual Festival Championship Meet -March 31, 2023 4p.m. at Expo

Boys Individual Festival Championship Meet - April 1, 2023 5p.m. at Expo

Questions or needs please contact Coach Mark Tidd at [mtidd@rsu23.org](mailto:mtidd@rsu23.org) More information to follow as needed!

## **UNE Dental Clinic - February 17th**

We have a great opportunity coming up on Friday, February 17th, 2023, with the UNE dental clinic in Portland. They will be providing free oral health screenings, oral hygiene education, dental cleanings, fluoride varnish application, and dental sealant placement. This event will be taking place during school hours and we will provide transportation for students participating. Please reach out to [kgagnon@rsu23.org](mailto:kgagnon@rsu23.org) for more information and complete the permission form sent along with the memo.

## **Employment Opportunities**

We have some employment opportunities in RSU 23. Please click on the following link if you are interested in joining our team! <https://www.applitrack.com/rsu23/onlineapp/default.aspx>

### **Morning Arrival Procedures**

Our doors open for school at 7:45 for grades 3-5 students and 8:15 for grades 6-8. We do not have supervision for students inside or outside the building prior to those times. It is very important that students are not here earlier than that as they are not able to enter the building and do not have supervision outside. Thank you for your understanding and cooperation.

### **Family Vacation Forms**

During the school year some families take vacations and ask that we excuse their children from school days. This is not a problem, however, we do have forms to sign off on in order to help students understand the expectations of making up missed work. The forms can be found in the main office. Thanks for your help!

### **A reminder of a few upcoming dates:**

- Monday 2/20-Friday 2/24 - February Break
- Wednesday 3/8 - Early Release Day

Stay warm this weekend!

Matt Foster