

*Health- Heath Floyd*  
*3-6 PE- Craig MacDonald*  
*7-8 PE Dean Plante*

*Art- Jessie Hurteau*  
*Band- Trevor Lavenbein*  
*Library- Melissa West*

*Music/Chorus- George Shabo*

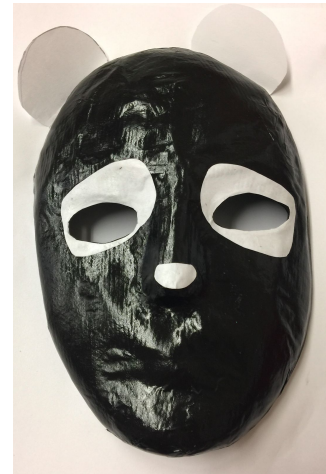
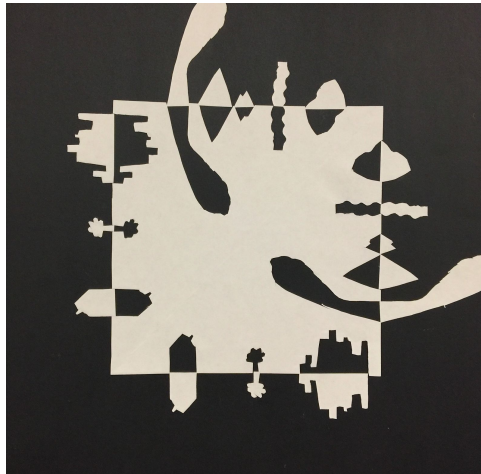
## **Loranger Allied Arts Newsletter**

The Allied Arts teachers have been busy at work educating the students in a multitude of disciplines; Health, PE, Art, Music, Band, and Library. Below are just some of the things the students have been learning in the Allied Arts schedule.

### **Visual Arts News**

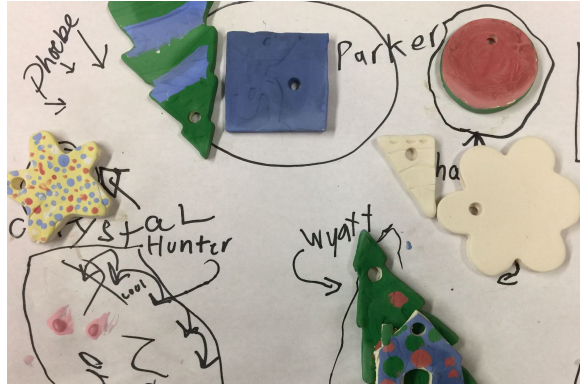
Students in the 8th grade are continuing their work to build understanding of value as they use drawing pencils and shading tools to draw an object from nine different points of view. The assignment is challenging to students who often struggle to slow down and focus on drawing what they see as realistically as they are able.

Students in the 7th grade complete the Notan Design and Notan Mask assignments to demonstrate their knowledge of symmetry, asymmetry, balance and positive and negative space.



Students in the 6th grade are extremely motivated to work on their EasyCut relief carving project and many students have stopped by to see if they can carve outside of their regular class time. The first lesson of the unit asks students to complete a free choice carving that allows them to practice drawing, carving, printing and curating their prints. The second lesson of the unit asks students to use these skills to create a carving based on information learned about the cultural practices of the Akan people in West Africa.

Students in the 5th grade are finish their basket weaving unit and deciding if they wish to save their work for display or take their work home to share with friends or family. Students practiced weaving as they considered how artisans work to develop mastery of materials in order to create desired aesthetic outcomes.



Students in Mrs. Allen's 4th grade class earn their second One Day, Fun Day. Students earn points each week for demonstrating they can follow expectations and keep their focus on work. Every four weeks students earn a class period where they can create art in the material of their choice. Students in both Mrs. Allen's and Mr. Poirer's classes used clay to create ornaments that they painted and glazed this week. They should be ready to go home right before holiday break! Excellent work!

Students in the 3rd grade finished a short project demonstrating their understanding of primary and secondary colors. They will use this information in our Keith Haring inspired painting project. Students are working on listening and following instructions in hopes we can shorten our transition times. These core expectations help students to spend more of our very limited class time creating art work.

Mrs. Hurteau

### Health News

3rd Grade- We finished up our Nutrition unit, while learning about vitamins and minerals and the importance of fruits and vegetables. The students presented their Healthy Choices posters in class and did an excellent job. Now we are onto our safety unit covering many important topics and how to make safe decisions--fire safety, water safety, cold/hot weather safety and much more.

4th Grade- After finishing the nutrition unit we are now in the middle of exploring the body's 5 senses. Each sense comes with some fun class activities, like illusions, hearing tests, games and a blind bag game. After the senses, we are moving onto the Cardiovascular system.

5th grade- We just finished the nutrition unit and are now in the midst of learning about teeth and their structure and function. After break the students will make their own 3 foot human skeleton, with bone names, and also learn about different types of muscles.

6th Grade- The students have been exploring the effects of sugar on their body and how to snack healthy at school and at home. Up next is the Pathogens unit and how to protect yourself and others from disease. The students will be presenting a google slide powerpoint on their choice of pathogen in the coming weeks.

7th Grade- The 7th graders have finished learning about stress and how to manage it with coping skills. It culminated with excellent presentations on a stress management technique they had to present to the class and show how to implement it. We are now focusing on healthy nutrition choices, metabolism, vitamins and minerals and overall body health.

8th Grade-We have finished the healthy relationships, with aspects of mental health involved. We are now moving onto nutrition; mostly focusing on Diabetes, Eating Disorders and Exercise. This unit will culminate with a class presentation.

Mr. Floyd

### Library News

**LMS Library**  
**September-December**  
**2018**

**TOTAL CHECKOUTS**  
1,926

**TOP TITLES**

- Diary of a Wimpy Kid: Kinney
- Sisters: Telgemeier
- The LEGO Book
- Dogman: Pilkey
- Minecraft Construction Handbook
- Real Friends: Hale
- Weird But True!
- Guinness World Records
- Dragonology!
- I Spy Challenger

**210 BOOKS ADDED TO THE LIBRARY**

**CLASSES**

- Dinosaurs
- Epic! Book App
- Book Tastings
- Blackout Poetry
- SPHERO mini Robots

I have enjoyed getting to know the LMS community during my first few months as the LMS Librarian. I think our time together is off to a great start!

Students have checked out almost 2,000 books so far this school year! The Diary of a Wimpy Kid series, graphic novels and fact-based books such as the Guinness World Record books are some of the most popular titles for check out.

Students have been taking part in a variety of literacy and technology activities during weekly library classes.

3rd Grade students enjoyed learning about Dinosaurs during Dinovember in November.

4th Grade students have used the Epic! app/website in the computer lab to support what they are learning about volcanoes + nonfiction books in the classroom.

5th Grade students enjoyed a musical chairs-style activity that allows students to spend a few minutes with a book before moving onto the next title. This 'book tasting' allowed students to sample some of the 210 new titles added to the library this year.

7th Grade students have talked about verse novels, and created original poems from the text of book pages during a Blackout Poetry activity.

To celebrate 'Hour of Code' in December, 3rd + 4th grade students learned to code with Sphero mini robots, 5th graders worked with binary numbers to create secret messages and 7th graders practiced coding skills while completing challenges.

Ms. West

### PE 7th & 8th News

Happy Holidays everyone. 7 & 8 PE classes continue to stay active in a variety of ways. Both groups are still doing some wellness activities to begin classes followed by some team/group activities that involve team concepts and strategies. Here is hoping for all to have a safe and happy holiday break and a Happy New Year.

Mr Plante

### PE 3rd-6th News

The physical education units taught for the month of January are stick handling, cooperative play, dribbling, and passing. Each class will also include a warm-up and aerobic activity that is centered around the unit. Classes are designed to specifically meet their age appropriate development needs. Athletic competition is only a small aspect of physical education, with enjoyment and participation as the central focus.

Mr. McDonald

### Loranger 5th Beginner, 6 - 8 Band, and Jazz Band

#### **5th Grade Beginning Band:**

Since our last newsletter, our 5th grade musicians have been busy reading and playing a ton of music during lessons. We are working very hard and I think we are ready to start passing out our concert band music after break. What's concert band? Concert band is a time when all the instruments come together, each section playing their own part, putting it together, and making a big piece of music happen. Watch out for some springtime performance dates a little later in the new year. Let's up our practice goals to 10 - 15 minutes a day for 5 days!

#### **6-8 Band:**

By the time we send this newsletter out, the 6-8 band will have performed twice in December. We were happy to have been asked, and played, for the Wreaths Across America welcoming earlier in the month. The band played in 20 degree weather... some frozen slides and stuck valves, but what an experience! We will have also put on our first big show of the year, the annual LMS Holiday Concert just before break. The kids actually performed the show twice: once for the school at the end of the day and then a second time with family and friends in the evening. Great job... a lot of hard work to ring in the season! Please see important dates below for some exciting performance opportunities for the band, including our first National Anthem appearance!

Every year, there are two large honors festivals for some of the best musicians in southern Maine. We have a 7-8 grade Jr. High Music Festival as well as a District 1 Honors festival. These kids will perform in their own bands of about 100 kids from area. Congratulations to the following students:

Jr. High Music Festival: Emma Drown, Savannah Lefebvre, Maya Judice, Reid MacNair, Kyan Chase, Alex Nguyen, Nate Violette

District 1 Honors Festival: Colby Thomas, Emily Simpson, Sarah Alemtsehey, Evan Alivizatos, Charlotte Thompson

### **Jazz Band:**

Practice hard, Practice often. We're signed up for a number of clinics, performances, and festivals in February and March. Mark your calendars below!

Mr. Lavenbein

### **Important Dates:**

Friday & Saturday February 1 - 2: Jr. High Music Festival, York High School

Saturday, February 9th: MBDA Jazz Festival, Westbrook High School (Jazz Only)

Wednesday, February 13th: District 1 Jazz Festival, Westbrook Middle School (Jazz Only)

Thursday, March 7th: LMS Band @ Portland Red Claws National Anthem (Concert Band)

Saturday, March 9th: District 1 6th Grade Festival, Old Orchard Beach High School

Saturday, March 23rd: State Jazz Festival, Westbrook High School

Early April: OOB Schools Jazz Night

### **Parent Music Memo**

George Shabo, Music/Chorus Instructor/Athletic Director

Dear Parents,

There are lots of great things going on in the world of Loranger Music! Thanks for taking the time to read this music memo!

### **Loranger Chamber Sings (6-8 Chorus)**

The LMS Chamber Singers held their first performances on Thursday, December 20th, for both students and families. This spirited group of talented singers brought joy to all with their wonderful music!

### **Loranger Glee Club (3-5 Chorus)**

As with the Chamber Singers, the LMS Glee Club also held its first performances in December. This Club is a big group of eager singers who lit up everyone's holidays! Following the December break, we will take some time off with the plan to have another sign-up for the later winter-spring sessions.

### **Grades 3-5 Music Classes**

Students in grades 3-5 music classes have been studying and performing on "boomwhackers", various holiday themed songs, recorders, drum machines, and we have been spending time on Elf the Musical to

prepare the students as they will be attending the musical at Thornton Academy on Thursday, December 20, during the school day.

### **Grades 6-7 Music Classes**

Students in grades 6-7 music classes have been studying and performing on the drum machines and drum set, and we have been spending time on Elf the Musical to prepare the students as they will be attending the musical at Thornton Academy on Thursday, December 20, during the school day. The students have also been discovering the workings of the piano keyboard and are beginning to learn scales and songs.

### **Grade 8 Music Classes**

8th grade students have been spending lots of time working on the keyboards and pianos, studying and performing scales and songs based on proper hand position and an understanding of whole steps and half steps. Also, the students have recently begun to learn how to construct major and minor triads (chords).

### **Inspiring Story from Loranger Athletics!**

In the spirit of the holidays, I feel compelled to share this beautiful true story with all of you that involves our wonderful girls 8th grade basketball team and what they did to support an opposing player at a game. This story is told by Coach Labbe below. Please check out the video after you read the story. The video is a bit blurry but the impact is very clear!

*As a coach of this group it was such a proud moment for LMS 8th grade girls basketball team. Our girls gave a very special player for St Dom's a wonderful experience today scoring her first points ever in a basketball game. What great sportsmanship by the Beach team and it was so awesome to see both teams celebrate together including coaches officials and fans. There were a lot of joyous tears shed. This is what sports and teamwork is all about and doing the right thing. What a great group of young ladies we have! Thanks goes out to Kim Soulard for the video and part of this write up. <https://youtu.be/Ed5qCrSBky8>*