

Loranger Memorial School News

PRINCIPAL'S MESSAGE

It's hard to believe we are already headed into November together as a school community! I can't thank you all enough for making the 18-19 school year transition at LMS a great one for students and staff alike! A strong home-school partnership is crucial in ensuring that educational experiences are successful for all involved. Strengthening our practices in communication with families is in fact a school wide goal for us this year at LMS. It is important that parents and guardians are clear on how youth spend their days with us, along with how accomplishments are proudly celebrated and how challenges are embraced as opportunities for learning and growth. Please do provide feedback on how we are doing in this area! I am available by email at bfletcher@rsu23.org or by phone at 934-4848. All staff emails can also be found on our website at loranger.rsu23.org.

Speaking of the importance of communication and the home-school partnership, we need your help with student attendance. Did you know that each year a large number of LMS students are considered chronically absent, missing 10% or more of the school year, which equals a full month of school for many? Our attendance team meets regularly to address attendance concerns and support families in getting children to school consistently and on time. Please let us know if are in need of assistance in this area as we are happy to help. We need and want your children here with us each and every day!

Happy November to all and enjoy the crisp autumn air of late!

Check it out! Our 8th grade students headed down to Memorial Park by trolley and planted 1000 tulip bulbs as a community service project last week! Another visit will follow in the spring to view and enjoy the fruits of their labor!



DATES TO KNOW



- 11/5 Climate Change Summit Grade 7
12:30-2:30
- PTO Meeting
6:00 @ LMS Library
- 11/6 First 3rd-5th Grade Chorus Rehearsal
2:20-3:20
- 11/7 Early Release Day
- Girl's Soccer Banquet
6:00 @ LMS Cafeteria
- 11/12 No School
Veteran's Day Observed
- 11/15 Picture Retakes
8:30-11:00
- School Board
6:00 @ OOB Town Hall
- 11/20 Early Release Day
- 11/21-11/23
No School
Thanksgiving Break



Our gymnasium/stage has encountered a major rejuvenation with new curtain, padding and slick looking flooring, Stay tuned for more updates on painting and banner hanging projects as we work toward completing work on this space!

TEACHING AND LEARNING

I can't even begin to express how proud I am to be the LMS instructional leader! Amazing educational experiences and opportunities are taking place school wide in all classrooms and programs! Please find the Fall Allied Arts Newsletter below, along with Mr. Shabo's November Athletic News.

3rd-8th graders have completed fall NWEA testing, providing us with measures of academic progress for all students. Data from these assessments will be analyzed by teachers in the coming weeks and ultimately used to inform instruction based on the individual strengths and needs of students.

Thanks to all who attended October Parent-Teacher conferences! It was wonderful to have so many involved rich conversation around teaching and learning!



DEAN'S MESSAGE

Such a wonderful beginning of the year this has been. We have been distinguishing when we have been helpful and recognizing when we could be even more supportive to the community, exploring what we need, identifying how to advocate for what we need...and being receptive to the support when offered. It has been really inspiring to witness as our youth learn how to move from being passive bystanders to active 'up-standers' standing up for what is right even when it is unpopular. Additionally, from students collaborating together in the younger grades to meet community problems with solutions, to seventh grade scholars constructing honest and courageous 'Heart Poems', to eighth graders beginning their Service Learning Community Projects, it is encouraging to enjoy our youth becoming agents of change.

This month, our social-emotional focus will be geared around perseverance. Specifically, we will be honing in on appreciating where we are while aspiring toward goals, displaying stamina through obstacles, and learning to implement self-care to avoid exhaustion and stress. As usual, it will be exciting to observe our youth grapple with these concepts both inside and outside of the classroom.

At Loranger, our work is all about preparing our fantastic youth for successful and engaged lives outside of these walls. Work well worth it!

Please feel free to reach out and connect.

J. Dionne (Mr. D.)
jdionne@rsu23.org

Health- Heath Floyd
3-6 PE- Craig MacDonald
7-8 PE Dean Plante

Art- Jessie Hurteau
Band- Trevor Lavenbein
Library- Melissa West

Music/Chorus- George Shabo

Loranger Allied Arts Newsletter

The Allied Arts teachers have been busy at work educating the students in a multitude of disciplines; Health, PE, Art, Music, Band, and Library. Below are just some of the things the students have been learning in the Allied Arts schedule.

Health Class-

In grades 3-5 the students have been learning about the 5 food groups, vitamins and minerals, how to read food labels, figuring out proper portion sizes of foods and the correct serving size. They also are diving into what it means to "Live Healthy".

In Grade 6 the students are studying nutrition, specifically which types of foods contain certain vitamins and minerals, caloric intake, how to make healthy choices at the table and sugars effects on the body.

Grade 7 is learning about stress and how to manage it. How it effects the body physically, emotionally and behaviorally, as well as long and short term effects it has on the body when not managed.

Grade 8 is learning about what constitutes a healthy relationship and how to manage the social, emotional and physical parts to all the types of relationships in their lives.

PE Class 3rd-6th

Physical Education students during the next few weeks are looking to enhance their fitness, motor skill development, and exhibit responsible behavior. They will demonstrate progress through cardiovascular endurance, cooperative activities, and modified games. Learning how to properly throw, catch, and kick a variety of equipment will be the focus in the first trimester. Modified games using, footballs, yarn balls, and rubber balls will be utilized to strengthen these manipulative skills.

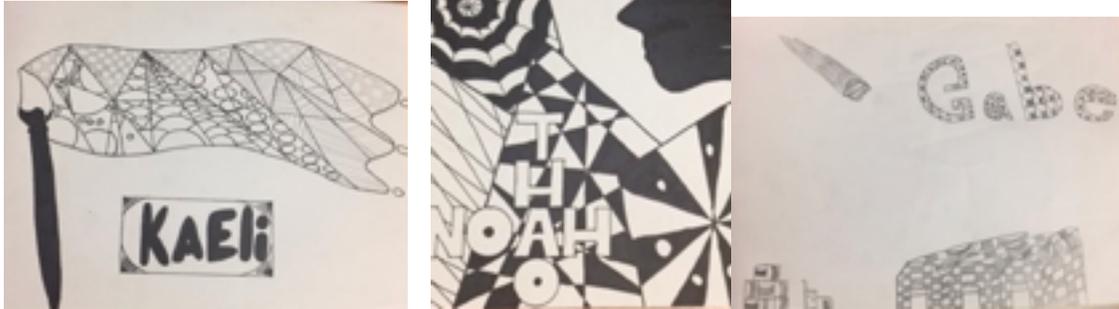
PE Class 7th-8th

We are well into the 1st trimester now and hopefully our students and families are into a great routine. I hope that routine includes remembering what day we have PE and that our students are coming ready with proper attire and footwear. Our classes all begin with a dynamic warm up period followed by a wellness segment that includes some resistance training as well as cardio. Following that we get right into our activity period. Thus far our games have focused on cooperative team games that involve gross motor skills. The classes have been wonderful and invested.

Happy Fall.....Go Gulls!

Mr. Plante

Visual Arts News



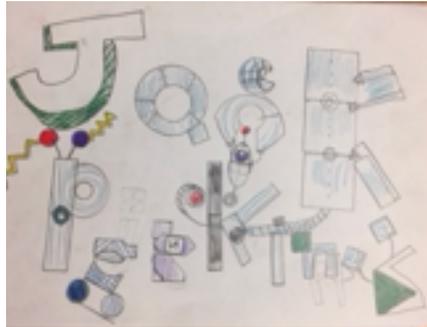
Students in grades 7 and 8 are finishing up their sketchbooks. They have been using technology to search for silhouettes and zentangle patterns to increase the complexity of their work while visually communicating something about themselves. Students are sharing strategies for using technology to make their image the correct size and transferring an image to their sketchbook.



Sixth grade students have finished their sketchbooks. They completed an assessment checking their knowledge in measuring. Students will practice measuring accurately to the quarter inch as they create a ruler that coordinates with their sketchbook. Students will practice measuring in their planning for the Adinkra Carving Project. Measuring is a necessary skill in art making and a very useful skill in life.



Students in grades 4 and 5 have finished their sketchbooks and have started their first drawing assignment. Students will be drawing a robot and writing a short paragraph about their drawing. Students will use the lesson to practice using constructive criticism to give and receive feedback in the art room. Students will be practicing giving feedback that is honest, kind and specific.



Students in grade 3 are finishing their sketchbook covers. They practiced writing their name in bubble or block lettering and finished their work by adding drawings that share their interests. Students are working to finish their first drawing assignment, The Circle Game. Students who finish early have the opportunity to free draw or color. Students will be moving into a color mixing assignment in the coming weeks.

Loranger 5th Beginner, 6 - 8 Band, and Jazz Band **5th Grade Beginning Band:**

It's always great to see the kids with their huge cases walking down the hallways. We've started learning how to read music and making sounds with note values like whole, half, quarter, etc. Please make sure the kids are doing 5 - 10 minutes of practice a day to start. The kids will be getting rewards for the amount of time and number of times they practice at home! Also, we are working from the red Standards of Excellence book, if you still need one they cost \$7.33 and am happy to make change.

6-8 Band:

We've had a good start to the school year and we are well on our way working on music for holiday concert (December 20th at 6:00!). All musical ensembles will be performing for the concert so stay tuned for news as we get a little closer. I have already planned outings for the National Anthem with the Red Claws and am working on the Sea Dogs later in the spring.

I want to remind our students and families that playing music is a lifetime skill. I hear many parents and older folks in the community always wishing they stuck with it or learned how to play an instrument to begin with. It's easy for folks to be persuaded to do other things, but playing music truly leaves students with a lifetime of memories and a skill they will never forget!

For our 6th grade and our 7-8th musicians: It's selection time for the District 1 6th Grade and Jr. High Music festivals. Students will be nominated by me and brought to a selection committee in November. Final results will be announced during the holiday concert. The 6th grade festival is a one day festival in March and the Jr. High festival is over 2 days in February.

A big shout out to our 6-8 Band members who performed with the OOBHS Marching Band this fall: Alex Nguyen, Lyla Kuchenbecker, Emma Drown, Maya Judice, and Hannah Dowd-Pettingil. They represented our school and district well!

Jazz Band:

We had our first rehearsal this Tuesday and started 2 tunes for our upcoming holiday concert (December 20th at 6:00!). I also have 2 of our 3 charts for the competition set selected for our upcoming festival season. We will be rehearsing Tuesdays right after school until 4:30.

Important Dates:

Holiday Concert is at 6pm on Thursday, December 20th

Loranger 3-8 Music News

George Shabo

Grades 3-5 Music

We are having a great time in Grades 3-5 Music Classes! Learning and having fun with music! Here are some of the items we have covered during the first trimester in Grades 3-5 Music Class.

- Folk Songs: I Gotta Pea,, The Name Game, He Wags His Butt!, and more!
- Halloween Theme Songs: Ghostbusters, Monster Mash, Adam's Family
- Fun Movement Videos/Songs: Baby Sharks, Duck Songs 1,2,3, Monster Mash Dance.
- Performance: Keyboards, recorders, band instruments, bucket drums, rhythm instruments, mallet instruments, shakers, and more!

Grades 6-8 Music

At this time, Grades 6-8 music classes are finishing up a project on musical performance in the style Jimmy Fallon Classroom Instruments performances. It involves creating a groove with all sorts of rhythm instruments with the "hook", or melody, played on kazoos! The hook we are using is the Aerosmith "Walk This Way" riff. Next week, we will be videoing each class performance and posting on Google Classroom. Fun, but educational as our kids are learning how to perform. We have also watched lots of videos and listened to a wide variety of music! Going very well.

Soon I will posting a pre-assessment in Google Classroom to evaluate what the students have hopefully learned during the first trimester. These items include:

- Parts of songs (verse, chorus, bridge, coda)
- Music arrangements: the blueprint of a musical piece
- Note reading
- GarageBand Basics
- Music theory: Note and staff identification

6-8 Chorus

Grades 6-8 Chorus is a blast! I am really enjoying working with our dedicated singers who arrive before school starts to begin their day with some great music! We meet every Tuesday, Wednesday, and Thursday, from 7:50-8:20. Some students arrive early to get warmed up and check out some new music, I am in the music room around 7:30 for singers who want to chat, sing, or just check-in.

ALL of our songs are posted on the Chorus Google Classroom for students to listen to and practice when convenient.

Here are some of the songs we are working on:

- Star Spangled Banner
- Titanium (a group favorite!)
- Duke's Place (not as much as a favorite, but it is mine!)
- Humble and Kind
- Believer
- Run, Rudolph, Run
- We're Not Gonna Take It

- Reminder: Holiday Concert: Thursday, December 20, 6:00 pm

3-5 Chorus

We are now forming the Loranger Grades 3-5 Chorus. Details are listed below. If your child is ready to sing and have fun, complete the permission form below and have your child submit it to Mrs. Cote in the office, to Mr. Shabo, or to the homeroom teacher. We have to move quickly as our first performance is right around the corner! Please contact Mr. Shabo if you have any questions: gshabo@rsu23.org

- **Time:** 2:20-3:20 (*children must have a ride or permission to walk home upon dismissal*)
- **Walkers** will be dismissed from the main front doors of LMS
- **Pick-up** students will be picked up at the main front doors of LMS as well
- **Location:** Room 10L (music room)
- **Belongings** such as coats and backpacks will be organized by grade outside the classroom in order to keep space for singers.
- **Rehearsal Dates: Tuesdays** as listed below for November-December 2018
 - November = 6, 13, and 27 (no chorus 11/20)
 - December = 11 and 18
- **Performance: Thursday, December 20, 6:00 pm, LMS Gym,** (*additional details such as meeting place, dress, etc. to follow*)
- **Parent Email:** I would like parent emails to send notices and songs we are working on!

Loranger Athletic News

George Shabo, Athletic Director



November 3, 2012

Parents:

Congratulations to parents, student athletes, and coaches for a fall sports season that was successful on many levels. Now on to basketball as we look forward to competing at home with great pride in our newly reconditioned gym!

That being said, we need to remind guests attending Loranger home games to refrain from bringing food and drinks in the gym. Athletes are allowed to have water on the bench. Thanks to parents for helping us to preserve the condition of our gym for the entire basketball season and beyond. The plan is to have myself or a site manager at each game to help monitor the gym.

We are very pleased to announce our fine coaching staff for the season: **7th Girls - Ron Cote, 8th Girls - Steve Labbe, 7th Boys - Josh Reid, 8th Boys - Tom LaChance.** Please view the following information regarding important dates and information for the start of the basketball season.

Sincerely,
George Shabo

- **Impact Baseline Testing, Monday - November 5.** Trainer Josh Woodward will meet those athletes who did not play a fall sport at LMS this past season in the **library at 2:45**. This test must be taken by all athletes, every year. At this point, *we have 11 students who need to complete the testing.* Those students have been notified.
- **6-7th Girls Basketball Players Meet New Coach Ron Cote, Wednesday - November 7** Members of the Loranger Girls 7th Grade Basketball Team will meet with Coach Cote at noon in the LMS gym.

This is an early release day at LMS. *Mr. Shabo will make arrangements to provide transportation to any student who needs a ride home following this half hour meeting. Parents should email Mr. Shabo to inform him that a child may need a ride home. gshabo@rsu.23.org.*

- **6-7th Grade Boys Basketball Tryouts/Assessments, Thursday - November 8** - As shared in a previous message to parents, all 6-7th boys will need to attend an assessment session beginning at **2:45 in the LMS Gym on Thursday**. This is to make recommendations for team placement of 7th graders and to assess which 6th graders should play on the 7th grade team. While all 7th graders will be on a team, all 6th graders may not be as cuts are possible. Athletes must attend in order to eligible to be on a team.
- **Girls Soccer End of Year Celebration! Wednesday, November 7, 6:00 pm, LMS Cafeteria.**
- **Basketball Practices Begin! Tuesday, November 13.** Athletes can check the practice schedules posted throughout the school. Parents can check the Loranger Athletic Webpage for the practice schedule at <https://loranger.rsu23.org/athletics/>. If parents need a hard copy of any schedules, please email Mr. Shabo
- **Paperwork.** Basketball paperwork has been distributed to the athletes. **For athletes who did not participate a fall sport**, proof of a current physical is needed as well as the release form and activity fee. If parents believe LMS has physical documentation on file, contact Mr. Shabo who will verify that information. **For athletes who participated in a fall sport**, please return the release form and activity fee.
- **Basketball Fundraiser.** Basketball athletes will be bringing home a set of 10 Amato's Restaurant savings coupon booklet. The cost of each booklet is just \$10, which pays for itself after just two visits. We had a very successful campaign last year with booklets as they make great stocking stuffer gifts and more. Funds will be used to purchase apparel for our athletes to wear with pride at school and at away games.
- **Practices.** Athletes are allowed in the locker no more than 15 minutes prior to practice and must not be in the gym during other team practices. Following the end of practices, athletes must leave the gym right away as other teams are practicing. If this is reported as an issue, athletic disciplinary action may be necessary.
- **Parent Meeting with Coaches.** We will schedule an informational meeting for parents with coaches some time during the start of the season. Stay tuned for that information.
- **Schedules.** Practice and game schedules are now posted throughout the school for students and on the Loranger Athletic Webpage for parents <https://loranger.rsu23.org/athletics/>